

# Biodynamic Essential Oils Alchemical Growing and Processing of Herbs for Health

with Dennis Klocek

January to December 2018

Saturdays from 9:00am to 5:00pm



Grow superior plants for health and nutrition -  
even in small garden spaces!

Processes and formulas for making stress-reducing salves, sleep-promoting hydrosol combinations, digestive essences, and cosmetic creams will be part of our hands-on work. Laboratory demonstrations for producing plant and gem combination sprays for plant enhancement will support lectures on the alchemy of medicinal plants.

We'll see how, with simple equipment, you can grow and process nutritious and health-promoting herbs.

 Rudolf Steiner College

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# Schedule

## January 20

Sagittarius / Capricorn: The earth body with the four elements theory  
Geological formations; world-mineral-plant imagination, chemistry of soil formation.

## February 10

Capricorn / Aquarius: Plant physiology and morphology  
Evolution of plant vascular structures, the principle of vegetative propagation, expansion, reproductive contraction, and flowering and fruit set.

## March 17

Aquarius / Pisces: Plant propagation  
The three alchemical processes of salt, mercury, and sulfur, and an introduction to sun and moon rhythms; sowing rhythms, transplanting patterns, pruning, and lunar influences on germination.

## April 21

Pisces / Aries: Plant families  
Flower formation and processes, meristem development, phyllotaxy of leaves, and Goethe's metamorphosis of plants.

## May 19

Aries / Taurus: The alchemy of salt and sulfur processes related to health  
Plant sap chemistry and the changes in the metals in plant sap that lead to the formation of essential oils.

## June 16

Taurus / Gemini: Seed saving  
Seed-forming gestures in medicinal herb families; methods of seed selection, saving, and storage.

## July 21

Gemini / Cancer: Essentials of fermenting  
Vegetable ferments with focus on gem and plant "ferments" as a health modality.

## August 18

Cancer / Leo: Lunar and solar influences of herb harvesting  
Enhancing medicinal substances; sowing and harvesting with the star moon, the moon of the phases, and the action of lunar declination on plants.

## September 15

Leo / Virgo: Purifying plant salts for spagyric remedies  
Alchemical substance burning; principles of combustion, furnace construction, crucible choices, salt extraction, and alchemical digestion processes.

## October 20

Virgo / Libra: Enhancing the production of essential oils in medicinal plans  
The creation of unique composts, gem sprays, and soil amendments; chelation of micro metals as a method for producing colloidal gem sprays.

## November 3

Libra / Scorpio: The physiology of nutrition related to health  
Experiments and recipes for the production of herbal blends to help with digestion and sleep.

## December 15

Scorpio / Sagittarius: Recent research in herbal preparations  
Head and gut polarity and the potential role of essential oils in healing.

Register for individual workshops (\$95 each)  
or as a complete package of 12 (\$895)

[www.steinercollege.edu/biodynamic-essential-oils](http://www.steinercollege.edu/biodynamic-essential-oils)