

Intuition: The Heart of Teaching

FEBRUARY CONFERENCE | February 17-19, 2018

Intuition helps us understand the social processes of health and illness in ourselves, our students and our communities
- and how our behavior has effects far beyond ourselves.

**The pinnacle of working through the seven life processes is the etheric heart;
the goal of the processes is to become creative - and Intuition is key!**

Keynotes

Dennis Klocek



As Director of RSC's Consciousness Studies Program since 1992, Dennis is engaged in research, teaching, and writing in many fields, including color therapy, meditation, embryology, alchemy, and sensory transformation. His latest book, *Esoteric Physiology*, discusses hidden life forces and processes that sustain us and can lead to the development of health and renewal through consciousness.

Nerve and Blood - Physiology of Learning: explore the physiological issues that are the basis for sensory integration challenges, with suggestions for building lessons that support integration of sense experiences and cognition.

The Thinking Heart - Psychology of Learning: this involves an understanding of the human being as a spiritual entity. Suggestions will be given for inner work exercises for teachers that can enhance an understanding of human consciousness.

"To develop cognition through the powers of the etheric heart is to finally experience the true origins of health and illness. When this sparks our courage to heal, then, and only then, will we witness the true revelation of the healer within us."

Dr. Steven Johnson, D.O.

Dr. Steven Johnson, D.O.



In clinical practice for 21 years, Steven is currently the president of the Physicians Association for Anthroposophical Medicine. He has been a consultant for several Waldorf schools, health organizations and Camphill communities and believes in an integrative model of health care. Dr. Johnson is currently working on an initiative to re-define public health and create a new culture of health.

Leading with our Hearts into our Emerging Future: The outer and inner processes of the world meet in the mystery temple of the heart. Learning to listen to what speaks there connects us with courage, empathy and love to our deeper human essence and our emerging karma. This beginning of an etheric consciousness also grants us the ability to develop true empathy and the power to heal ourselves and our fellow human beings. The modern world distracts us from cultivating these faculties if we do not awaken to our true humanity and capacities for spiritual knowledge. As we awaken the cognitive powers of the heart we will learn how to better educate and heal our children and impact their health and quality of life far into adulthood. The thinking heart unlocks the salutogenic understanding we need to create a new culture of health for the future.

Registration

REGISTER ONLINE: <https://rsdex.com/fc18>.

Workshop spaces are limited, please register and select early.

The \$295 conference fee includes supplies and lunch each day. Payment methods include Visa, MasterCard, American Express, check, and purchase order.

For modifications or changes to your registration, please contact conf@steinercollege.edu.

Questions? Please contact conf@steinercollege.edu or call 916 963 2500

Conference Schedule

Saturday Feb 17

8:00 – 9:00a	Registration
8:30 – 9:15a	Singing with Christiana
9:30 – 11:00a	Keynote with Dennis Klocek
11:00 – 11:30a	Refreshments
11:30 – 1:00p	Keynote with Dr. Steven Johnson
1:00 – 2:15p	Lunch and Job Fair
2:15 – 3:45p	Workshops
3:45 – 4:15p	Refreshments
4:15 – 5:45p	Workshops
5:45 – 6:45p	Complimentary Social Hour

Sunday Feb 18

8:00 – 9:00a	First Class (Blue Card required)
8:15 – 9:00a	Singing with Christiana
9:15 – 10:45a	Keynote with Dr. Steven Johnson
10:45 – 11:15a	Refreshments
11:15 – 12:45p	Keynote with Dennis Klocek
12:45 – 2:15p	Lunch and Job Fair
2:15 – 3:45p	Workshops
3:45 – 4:15p	Refreshments
4:15 – 5:45p	Workshops

Monday Feb 19

8:15 – 9:00a	Singing with Christiana
9:15 – 10:45a	Keynote with Dennis & Steven
10:45 – 11:15a	Refreshments
11:15 – 12:45a	Closing Plenum

Meals

Lunch on Saturday and Sunday is included in the conference fee for all attendees. Many of our ingredients are organic and locally sourced, some from our own biodynamic Raphael Garden. Select your choice of regular, vegetarian, or gluten-free meals when registering.

Job Fair

Our job fair provides a forum for conference attendees and schools to meet and talk informally about full-time, part-time, volunteer, and internship opportunities. The fair is free for all conference attendees on Sunday and Monday during the 75-minute lunch breaks.

The fee is \$100 per school. For more information or if you would like to reserve a space at the job fair, contact Anne at 916.963.1104 or conf@steinercollege.edu.



Workshops: Strengthening the Etheric

- **Becoming Healers by Awakening the "Healer" within!** with Steven Johnson, D.O.
- **Teaching and the Human Subtle Bodies** with Dennis Klocek
- **The Power of Form Drawing** with Laura Embrey
- **Empathy's Role in Creating Social Engagement and Inclusion** with George Hoffecker



FEBRUARY CONFERENCE WORKSHOPS – 2018

Becoming Healers by Awakening the "Healer" Within! with Steven Johnson, D.O.

Over the course of this workshop we will explore the process of salutogenesis, and how we define and create health. We will explore physiological and medical paradigms of the threefold human being with a particular focus on how to strengthen the forces of heart and the rhythmic system. We will discuss how to enhance the healing forces of warmth and the "seven life processes" in our life and work, including case studies when possible. In each session we will experience different plant substances by demonstrating several external applications and learning about their practical applications. Rudolf Steiner suggested that experiencing substances in this way brings us close to an intuitive experience of the etheric forces. We will use plant oils that could potentially be recommended in the classroom or for home health.

Teaching and the Human Subtle Bodies with Dennis Klocek

Rudolf Steiner gives a picture that it is the life body of the kindergarten teacher that works on the physical body of the student and that it is the soul body of the teacher that works on the life body of the lower school student. This workshop will focus on exercises to experience what the difference between the physical, life and soul bodies is in human life and how an understanding of these differences can be a great aid in forming learning strategies for teachers.

Day 1: Physical Body and Literalness - Literalness the Scourge of Education. We will work with images that illustrate the various levels of consciousness needed to do creative problem solving. Exercises will include dyad sharing of metaphors and symbols, and the four elements of consciousness as problem-solving stages.

Day 2: The Soul Body and the Development of Cognitive Feelings: Continuing with metaphor and symbol this workshop will expand on the four elements of consciousness to include entry into sleep states and the neurology of dreaming. Dyad work in problem solving will be the method for the session.

The Power of Form Drawing with Laura Embrey

After 22 years of working with the power of the forms, Laura Embrey presents form drawing as a truly unique and transformative tool in the teaching shed. Learn how to develop the ability to communicate with the spiritual world via form and intuition. Come and find out the answer to the burning question of what the forms can do for you and your students. Draw and discover!

Empathy's Role in Creating Social Engagement and Inclusion with George Hoffecker

Sometimes our important task of bringing Waldorf Education to our students and parents in its most living and artistic way is disrupted by interpersonal conflicts among staff or between staff and parents. This oftentimes arises from judgments we make about each other, fixed positions on issues and concepts, or our untransformed sympathies and antipathies. If authentic connection breaks down between teachers and students or among school community members, division can grow and create misalignment between the school's mission and its performance. We will learn how the practice of empathy can play a powerful role in reestablishing and sustaining connection and a sense of inclusion at all levels of organizational life. In our workshop, we will discover empathy's role in creating connection and inclusion, drawing on Otto Scharmer's U- model, David Cooperrider's Appreciative Inquiry, and Marshall Rosenberg's Non-Violent Communication.



