

# Exploring Anthroposophy

Conversations with Brian Gray

Eurythmy with Alice Stamm

Presented in three formats as a free gift to participants:  
In Person, Live Stream, and Webinar Replay

Eight Monday evening gatherings  
from 24 September – 10 December 2018,  
at Rudolf Steiner College  
7:00 – 9:00 PM (PDT, GMT/UTC -7)

*“The Age of Michael has dawned. Hearts are beginning to have thoughts.”*

- Rudolf Steiner

Join us for eight gatherings to explore a variety of themes and perspectives arising out of Anthroposophy, Rudolf Steiner’s remarkable gift to all human beings. Leading thoughts will be presented by **Brian Gray** that pertain to issues of our time, followed by conversation to engage participant questions. **Alice Stamm** will enliven our understanding with moments filled with the meaningful movements of eurythmy. Together with you we hope to kindle new insights while entering the autumnal season leading from Michaelmas toward Christmas and the Holy Nights. We will focus upon awakening to the inner birth awaiting each human being, and our spiritual mission – to strive to become Spirits of Freedom and Love.

**1) Monday, September 24:** How do we know with certainty? How can we actively enliven and spiritualize our thinking? Who is the Archangel Michael, and what is Michael’s role in human evolution? An overview of Rudolf Steiner’s *The Philosophy of Freedom* (other editions titled *The Philosophy of Spiritual Activity* or *Intuitive Thinking as a Spiritual Path*). Conversation.

**2) Monday, October 1:** “The Age of Michael has dawned.” Excerpts from Rudolf Steiner’s *Anthroposophical Leading Thoughts* will guide our exploration of the spiritual nature of human thinking. How has thinking evolved, and how can we enliven it to meet the needs of our present Age? Insights from Rudolf Steiner’s *The Redemption of Thinking*. Conversation.

**3) Monday, October 15:** From Michaelmas to Christmas, how can we confront the dragon and awaken the birth of the true Human Being within our lives? The nature of the human being, from Rudolf Steiner’s *Theosophy* and *Esoteric Science: An Outline*. Themes from Rudolf Steiner’s lectures *The Lord’s Prayer*. Conversation.

**4) Monday, October 22:** Mysteries of the kindling of the human “I” by Christ. How can one move through lawful obedience to the Will of the Father into the realm of human freedom and love for active deeds, creating the new? Thoughts from Rudolf Steiner’s lectures, *Necessity and Freedom*. Conversation.

**5) Monday, October 29:** Cultivating our picture of the threefold human being in the soul activities of thinking, feeling, and willing in relation to our human organism. Thoughts arising from Rudolf Steiner’s *The Foundation Stone Meditation* and *Foundations of Human Experience* (other editions titled *Study of Man*). Conversation.

**6) Monday, November 26:** Seeking insights into the Mission of Christ and our human mission from Rudolf Steiner’s lectures on *Pre-Earthly Deeds of Christ*, *The Four Sacrifices of Christ*, and *The Mission of the Archangel Michael*. Conversation.

**7) Monday, December 3:** Celebrating the Advent season. Mysteries of the birth of Jesus, from Rudolf Steiner’s lectures on *The Gospel of St. Matthew*, *The Gospel of St. Luke*, and *The Fifth Gospel*. The profound conversation between Jesus and his mother just prior to the Baptism, and an overview of Christ’s deeds during the Three Years. Conversation.

**8) Monday, December 10:** Mysteries of Christmas; the first and second coming of Christ to humanity and the Earth; seeking ways to become Spirits of Freedom and Love through the gifts of Anthroposophy. The Holy Nights Festival in relationship to the twelve months of the coming year. Rudolf Steiner’s lectures on *Festivals*. Conversation.

## Four Ways To Participate

- **In Person:** The gatherings will be held in the Teacher Education Room of Stegmann Hall, on the campus of Rudolf Steiner College & Meristem, 9200 Fair Oaks Boulevard, Fair Oaks, CA.
- **Live Stream:** Participate online over the Internet in real time.
- **Webinar Replay:** View the recorded sessions online whenever you wish.
- **Any Combination:** Registration provides you access to all three formats to meet your unique needs.

## Additional Details About the Sessions

Topics and themes are subject to change as our conversations together proceed.

These gatherings are offered for those ready to explore the interconnectedness between the living cosmos and the mysteries of what it means to become human, viewed from many perspectives. Please be aware that the topics we will be exploring are not introductory in nature. It will be assumed that participants have at least a preparatory understanding of Rudolf Steiner’s Anthroposophy or equivalent background. Rudolf Steiner described Anthroposophy as “... a path of knowledge that aims to guide the spiritual element in the human being to the spiritual in the universe. It arises as a need of the heart.”

The gatherings are cosponsored by Wise Cosmos Educational Initiative and Rudolf Steiner College.

**For questions related to the course and to register**, please contact Lelan Harris (Executive Director of Wise Cosmos Educational Initiative) at [Lelan@wisecosmos.org](mailto:Lelan@wisecosmos.org).

**For questions related to the campus**, please contact Anne Boyd (Records & Information Coordinator at Rudolf Steiner College) at [Anne.Boyd@steinercollege.edu](mailto:Anne.Boyd@steinercollege.edu).

Donations will be accepted as expressions of gratitude and to help defray costs.

## **We look forward to sharing this season with you!**

**Brian Gray** teaches, lectures, and writes on topics drawn from the Anthroposophy developed by Rudolf Steiner. Brian loves to share research from realms that include Star Wisdom, Biography, Cosmology, Waldorf Education, Sacred Architecture, and Esoteric Christianity. Brian was core faculty at Rudolf Steiner College in Fair Oaks, California for 35 years, from 1981-2016. He served as RSC's Director of the Foundation Program in Anthroposophy for 17 years, from 1991-1998 and from 2006-2016. Brian helped lead tours through Europe, Egypt, and the Holy Land, exploring sacred architecture, mystery sites, and Parzival's quest for the Holy Grail. He earned a B.A. in Architecture from the Georgia Institute of Technology in 1967 and an M.L.Arch. (Landscape Architecture) from the University of Pennsylvania in 1972. Inspired in 1979 by René Querido – one of his master teachers at RSC - Brian completed a certificate in Waldorf Teacher Education in 1981. Brian states, "It is truly a blessing to be able to do the things that I love, and to share many interests with my brothers and sisters through our work together in Anthroposophy." He is a founder and the board president of Wise Cosmos Educational Initiative.

**Alice Stamm** has been teaching eurythmy since 1975; she began her eurythmy training in Eckwalden, Germany and finished with Else Klink in Stuttgart. She also trained in therapeutic eurythmy, receiving a diploma from the Goetheanum in Dornach, Switzerland. Moving back to the States in 1978, she has taught in trainings, Waldorf schools, and done performing work in Spring Valley, Kimberton, Chicago, Los Angeles, and Fair Oaks. During the 12 years prior to retirement, Alice built up both pedagogical eurythmy and remedial work at a Waldorf school in Los Angeles. She now enjoys teaching kindergarten eurythmy, and eurythmy to adults at Rudolf Steiner College. She is president of the Eurythmy Association of North America which she began with six other colleagues in 1979. Alice helped to form the Section Collegium for the Performing Arts in North America in 1988. Her quiet passion is to help continue and strengthen the eurythmy work at RSC.