



Biodynamic Lifestyles

A Workshop Series

At the heart of our campus sits our integrated biodynamic farm. This includes the one-acre, Demeter-certified Raphael Garden and five acres of Demeter-certified pasture for our biodynamic animal husbandry program. This farm holds over 30 years of small-scale, year-round vegetable production, medicinal and culinary herbs, a seed-saving operation, and seasonal fruit. All in a beautiful serene setting.

Whether you are a complete beginner or a seasoned practitioner, this course offers something for everyone

Workshops are **9:00 am to 4:30 pm** on Saturdays (with a one-hour lunch break).

Package of 11 workshops: \$560 for online registration; \$600 at the door.

Package of 7 workshops: \$448 for online registration; \$475 at the door.

Individual Workshops: \$80 each for online registration; \$100 each for registration at the door.

Questions: conf@steinercollege.edu

Online Registration: <https://rsdex.com/bd>

October 6, 2018: Biodynamic Preparations with Harald Hoven

October 27, 2018: Biodynamic Medicinal Plants with Cyndi Pointer

January 5, 2019: Planting to Celestial Movements with Cyndi Pointer

January 26, 2019: Being BD Farm-Handy with Bradley Tonnessen, PhD

March 16, 2019: Biodynamic Orchard Management with Grover Stock

March 30, 2019: Biodynamic Seed Saving with Harald Hoven

April 6, 2019: Holistic Soil Management with Cyndi Pointer

May 11, 2019: Biodynamic Animal Husbandry with Marney Blair

May 18, 2019: Biodynamic Pest and Disease Management with Bradley Tonnessen, PhD

June 15, 2019 (off-campus): Medicinal Plant Wild Harvesting - Cyndi Pointer and Shea Smith

Workshop Descriptions

Oct 6th: Biodynamic Preparations with Harald Hoven

Learn the fundamentals of Biodynamic Prep making. Gain insight on how to utilize and apply the Biodynamic Preps. Deepen your understanding of how these preparations increase the vitality of your land, soil, and the quality of your food.

Oct 27th: Biodynamic Medicinal Plants with Cyndi Pointer

Join us to learn how to apply Biodynamic principles and techniques to making plant based remedies. Begin your journey to understanding how to develop a deep relationship with medicinal plants and how to cultivate them in your own life and on your farm.

Jan 5th: Planting to Celestial Movements with Cyndi Pointer

Learn how to understand and utilize the rhythms of the cosmos to enhance your gardening and farming practice, including learning to use the Biodynamic Planting Calendar. This course will teach you how these forces influence plants, animals, and humans.

Jan 26th: Being BD Farm-Handy with Bradley Tonnessen, PhD

This workshop will engage you in the equally important mechanical aspects of keeping a BD farm or garden running. From sharpening and maintaining hand tools to fixing worn out tractors, this class will help you to gain knowledge, as well as respect and reverence, about the materials and structure required for successful farming.

Feb 23rd: BD Compost Fertility Management with Harald Hoven

Learn how to look at compost as a living being and how to enliven its vitality by deepening your understanding of Biodynamic principles in compost fertility management. Whether you are a backyard gardener or a large scale farmer compost as a living part of your life will help you to understand and manage the plants you grow.

Mar 16th: BD Orchard Management with Grover Stock

Join us in learning from this Biodynamic Permaculture expert as we delve into topics about tree crop production. Subjects such as pruning, soil management, and the Biodynamic practices that pertain to an orchard will be discussed and exhibited at the orchard here at Raphael Garden.

Mar 30th: Biodynamic Seed Saving with Harald Hoven

Join this incredible seed saving expert to learn how to cultivate, select and store seed for your own farm or garden! Having grown seeds for Seed Initiatives like Turtle Tree Seeds and Meadowlark Hearth seeds for many years, Harald will bring his insight, wisdom and practical skills to support you in starting to save seeds and adapt them to your own microclimate.

April 6th: Holistic Soil Management with Cyndi Pointer

Explore the wide expanse of soil fertility and management with our farmer at Raphael Garden. Learn how Biodynamic principles can be interwoven into crop management practices such as crop rotation and cover cropping. This workshop will assist in your understanding of how to create and maintain soil vitality, heal the earth, and keep a continuously productive farm.

May 11th: Biodynamic Animal Husbandry with Marney Blair

Increase your knowledge and insight into Biodynamic Animal Care from this amazing Animal experts. Be supported through their guidance on how to incorporate Biodynamic practices into your own Animal Management Program. Gain understanding of the importance of Biodynamic Animals as part of your lifestyle and the whole farm organism.

May 18th: Biodynamic Pest & Disease Management with Bradley Tonnessen, PhD

Gain wisdom on preventing detriments to plant health using a holistic view on crop management. In this workshop, you will gain understanding of how disease occurs, why pests are present and practical Biodynamic techniques to support the health of the farm organism.

June 15th: Medicinal Plant Wild Harvesting with Cyndi Pointer and Shea Smith

(Off-Campus) Learn Ethical Wild Harvesting techniques from our Raphael Garden's farmer and Meristem's Herbal Arts Teacher. In this class, you will head to the Sierra Mountains to learn site identification, plant ID, ethical harvesting techniques and various drying methods. This will be an interactive in depth look at building your relationship to the wild plant world.