



Biodynamic Lifestyles

A Workshop Series

At the heart of our campus sits our integrated biodynamic farm. This includes the one-acre, Demeter-certified Raphael Garden and five acres of Demeter-certified pasture for our biodynamic animal husbandry program. This farm holds over 30 years of small-scale, year-round vegetable production, medicinal and culinary herbs, a seed-saving operation, and seasonal fruit. All in a beautiful serene setting.

Whether you are a complete beginner or a seasoned practitioner, this course offers something for everyone

Workshops are **9:00 am to 4:30 pm** on Saturdays (with a one-hour lunch break).

Individual Workshops: \$80 each for online registration; \$100 each for registration at the door.

Questions: conf@steinercollege.edu

Online Registration: <https://rsce.com/bd>

October 6, 2018: Biodynamic Preparations with Harald Hoven

October 27, 2018: Biodynamic Medicinal Plants with Cyndi Pointer

March 16, 2019: Biodynamic Orchard Management with Grover Stock

March 30, 2019: Biodynamic Seed Saving with Harald Hoven

May 11, 2019: Biodynamic Animal Husbandry with Marney Blair

June 15, 2019 (off-campus): Medicinal Plant Wild Harvesting with Shea Smith

Cancelled:

- ◆ Planting to Celestial Movements
- ◆ Being BD Farm-Handy
- ◆ Biodynamic Pest and Disease Management
- ◆ Holistic Soil Management

Workshop Descriptions

**Oct 6th: Biodynamic Preparations
with Harald Hoven**

Learn the fundamentals of Biodynamic Prep making. Gain insight on how to utilize and apply the Biodynamic Preps. Deepen your understanding of how these preparations increase the vitality of your land, soil, and the quality of your food.

**Oct 27th: Biodynamic Medicinal Plants
with Cyndi Pointer**

Join us to learn how to apply Biodynamic principles and techniques to making plant based remedies. Begin your journey to understanding how to develop a deep relationship with medicinal plants and how to cultivate them in your own life and on your farm.

**Feb 23rd: BD Compost Fertility Management
with Harald Hoven**

Learn how to look at compost as a living being and how to enliven its vitality by deepening your understanding of Biodynamic principles in compost fertility management. Whether you are a backyard gardener or a large scale farmer compost as a living part of your life will help you to understand and manage the plants you grow.

**Mar 16th: BD Orchard Management
with Grover Stock**

Join us in learning from this Biodynamic Permaculture expert as we delve into topics about tree crop production. Subjects such as pruning, soil management, and the Biodynamic practices that pertain to an orchard will be discussed and exhibited at the orchard here at Raphael Garden.

**Mar 30th: Biodynamic Seed Saving
with Harald Hoven**

Join this incredible seed saving expert to learn how to cultivate, select and store seed for your own farm or garden! Having grown seeds for Seed Initiatives like Turtle Tree Seeds and Meadowlark Hearth seeds for many years, Harald will bring his insight, wisdom and practical skills to support you in starting to save seeds and adapt them to your own microclimate.

**May 11th: Biodynamic Animal Husbandry
with Marney Blair**

Increase your knowledge and insight into Biodynamic Animal Care from this amazing Animal expert. Be supported through their guidance on how to incorporate Biodynamic practices into your own Animal Management Program. Gain understanding of the importance of Biodynamic Animals as part of your lifestyle and the whole farm organism.

**June 15th: Medicinal Plant Wild Harvesting
with Shea Smith**

(Off-Campus) Learn Ethical Wild Harvesting techniques from Meristem's Herbal Arts Teacher. In this class, you will head to the Sierra Mountains to learn site identification, plant ID, ethical harvesting techniques and various drying methods. This will be an interactive in depth look at building your relationship to the wild plant world.